



# MARTIAL ART FITNESS ACADEMY

4819 HWY 6 South  
Missouri City, TX 77459  
281-403-5425

[www.martialartfitnessacademy.com](http://www.martialartfitnessacademy.com)

## CLASS SCHEDULE

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Adults</b> (All Ranks) 9 am - 10 am		<b>Adults</b> (All Ranks) 9 am - 10 am		<b>Adults</b> (All Ranks) 9 am - 10 am	<b>Adults</b> (All Ranks) 10 am - 11 am
<b>4-5 yr Kids</b> Lil' Dragons 4:00 pm - 4:30 pm	<b>4-5 yr Kids</b> Lil' Dragons 4:00 pm - 4:30 pm	<b>4-5 yr Kids</b> Lil' Dragons 4:00 pm - 4:30 pm	<b>4-5 yr Kids</b> Lil' Dragons 4:00 pm - 4:30 pm		
<b>6-8 yr Kids</b> (Beginner) 4:30 am - 5:15 pm	<b>6-8 yr Kids</b> (Intermediate/Advanced) 4:30 am - 5:15 pm	<b>6-8 yr Kids</b> (Beginner) 4:30 am - 5:15 pm	<b>6-8 yr Kids</b> (Intermediate/Advanced) 4:30 am - 5:15 pm		
<b>6-8 yr Kids</b> (Intermediate/Advanced) 5:15 pm - 6:00 pm	<b>6-8 yr Kids</b> (Beginner) 5:15 pm - 6:00 pm	<b>6-8 yr Kids</b> (Intermediate/Advanced) 5:15 pm - 6:00 pm	<b>6-8 yr Kids</b> (Beginner) 5:15 pm - 6:00 pm	<b>6-8 yr Kids</b> (All Ranks) 5:15 pm - 6:00 pm	
<b>9-12 yr Kids</b> (Beginner) 6:00 pm - 6:45 pm	<b>9-12 yr Kids</b> (Intermediate/Advanced) 6:00 pm - 6:45 pm	<b>9-12 yr Kids</b> (Beginner) 6:00 pm - 6:45 pm	<b>9-12 yr Kids</b> (Intermediate/Advanced) 6:00 pm - 6:45 pm	<b>9-12 yr Kids</b> (All Ranks) 6:00 pm - 6:45 pm	
<b>9-12 yr Kids</b> (Intermediate/Advanced) 6:45 pm - 7:30 pm	<b>9-12 yr Kids</b> (Beginner) 6:45 pm - 7:30 pm	<b>9-12 yr Kids</b> (Intermediate/Advanced) 6:45 pm - 7:30 pm	<b>9-12 yr Kids</b> (Beginner) 6:45 pm - 7:30 pm	<b>Adults</b> (All Ranks) 6:45 pm - 7:30 pm	
<b>Adults</b> (Beginner) 7:30 pm - 8:15 pm	<b>Adults</b> (Intermediate/Advanced) 7:30 pm - 8:15 pm	<b>Adults</b> (Beginner) 7:30 pm - 8:15 pm	<b>Adults</b> (Intermediate/Advanced) 7:30 pm - 8:15 pm		
<b>Adults</b> (Intermediate/Advanced) 8:15 pm - 9 pm	<b>Adults</b> (Beginner) 8:15 pm - 9 pm	<b>Adults</b> (Intermediate/Advanced) 8:15 pm - 9 pm	<b>Adults</b> (Beginner) 8:15 pm - 9 pm		