



MARTIAL ART FITNESS ACADEMY

6230 HWY 6 South
Missouri City, TX 77459
281-969-8644

www.martialartfitnessacademy.com

CLASS SCHEDULE

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Adults (All Ranks) 9 am - 10 am		Adults (All Ranks) 9 am - 10 am		Adults (All Ranks) 9 am - 10 am	Adults (Black Belts) 9 am - 10 am
					Adults (All Ranks) 10 am - 11 am
4-5 yr Kids Lil' Dragons 4:00 pm - 4:30 pm	4-5 yr Kids Lil' Dragons 4:00 pm - 4:30 pm	4-5 yr Kids Lil' Dragons 4:00 pm - 4:30 pm	4-5 yr Kids Lil' Dragons 4:00 pm - 4:30 pm		Lil Dragons (All Ranks) 11 - 11:30 pm
6-8 yr Kids (Beginner) 4:30 am - 5:15 pm	6-8 yr Kids (Intermediate/Advanced) 4:30 am - 5:15 pm	6-8 yr Kids (Beginner) 4:30 am - 5:15 pm	6-8 yr Kids (Intermediate/Advanced) 4:30 am - 5:15 pm	4-5 yr Kids Lil' Dragons 4:00 pm - 4:30 pm	6-8 yr Kids (All Ranks) 11:30 - 12:15 pm
6-8 yr Kids (Intermediate/Advanced) 5:15 pm - 6:00 pm	6-8 yr Kids (Beginner) 5:15 pm - 6:00 pm	6-8 yr Kids (Intermediate/Advanced) 5:15 pm - 6:00 pm	6-8 yr Kids (Beginner) 5:15 pm - 6:00 pm	6-8 yr Kids (All Ranks) 5:15 pm - 6:00 pm	9-12 yr Kids (All Ranks) 12:15 - 1 pm
9-12 yr Kids (Beginner) 6:00 pm - 6:45 pm	9-12 yr Kids (Intermediate/Advanced) 6:00 pm - 6:45 pm	9-12 yr Kids (Beginner) 6:00 pm - 6:45 pm	9-12 yr Kids (Intermediate/Advanced) 6:00 pm - 6:45 pm	9-12 yr Kids (All Ranks) 6:00 pm - 6:45 pm	
9-12 yr Kids (Intermediate/Advanced) 6:45 pm - 7:30 pm	9-12 yr Kids (Beginner) 6:45 pm - 7:30 pm	9-12 yr Kids (Intermediate/Advanced) 6:45 pm - 7:30 pm	9-12 yr Kids (Beginner) 6:45 pm - 7:30 pm	Adults (All Ranks) 6:45 pm - 7:30 pm	
Adults (Beginner) 7:30 pm - 8:15 pm	Adults (Intermediate/Advanced) 7:30 pm - 8:15 pm	Adults (Beginner) 7:30 pm - 8:15 pm	Adults (Intermediate/Advanced) 7:30 pm - 8:15 pm		
Adults (Intermediate/Advanced) 8:15 pm - 9 pm	Adults (Beginner) 8:15 pm - 9 pm	Adults (Intermediate/Advanced) 8:15 pm - 9 pm	Adults (Beginner) 8:15 pm - 9 pm		